mama ghannouj

Ingredients

3 zucchini

1 lemon

3 garlic cloves

3 Tbs tahini

½ tsp salt

2 Tbs plain yogurt



Instructions

- 1. Thinly slice the zucchini into strips.
- 2. Using either a grill or oven (heated to 400 degrees), cook the zucchini until it begins to release juices and appears soft, 10 15 minutes.
- 3. Once the zucchini cools, combine zucchini, garlic, tahini, salt and lemon in a food processor. Pulse until the dip is creamy but still chunky.
- 4. Transfer to a mixing bowl and fold in yogurt.
- 5. Serve with pita bread, vegetables or crackers.
- 6. Enjoy!



